

What is your advice for me following my discharge from the hospital ?

We would like you to remember these important instructions:

DO'S

- You are to keep the ear clean and dry. When you rinse your face, please be careful.
- You may change the cotton wool at the entrance of the ear if it is stained.

Don'ts

- You should not swim, drive or fly until the doctor has given his approval.
- Avoid blowing your nose until your ear is completely healed.
- Do not cover your nose or mouth when you have to sneeze or cough. Just turn away and do so with your mouth open.
- Do not allow water to get into the ear canal when washing your hair because it may give rise to an ear infection.

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Head and Neck Surgery

Email: aarticlinic@yahoo.com

For Appointments Call: 27712700

Between 10 am and 7 pm on weekdays

Timings

	Yashoda Hospital	Aarthi Clinic
Monday	10 am to 2 pm	4 pm to 7 pm
Tuesday	Surgery	Surgery
Wednesday	10 am to 2 pm	4 pm to 7 pm
Thursday	10 am to 2 pm	4 pm to 7 pm
Friday	Surgery	Surgery
Saturday	10 am to 2 pm	4 pm to 7 pm

AARTI CLINIC

CENTRE FOR MICRO SURGERY
ENDOSCOPIC SURGERY COSMETIC
SURGERY AND HEAD AND NECK SURGERY

Ear Surgery



Mary's Road (Opp. Prashant Theatre)
Hyderabad-500 003. A.P.
27712700 Fax: 040-27704460.

Ear surgery your questions answered

Why do I have persistent discharge from my ear?

One of the common symptoms of middle ear infection (otitis media) is ear discharge. Otitis media may occur following a common cold. It may also occur following infection through a perforation in the eardrum or as a result of infected sinuses or adenoids. Frequent middle ear infections and the presence of an infected cholesteatoma (a mass of dead skin cells) often cause the eardrum to perforate and discharge foul smelling pus.

Do I need to go for ear surgery?

There are different ways of treating ear disorders. When surgery is indicated, your doctor will advise you about it. Please refer to your doctor or nurse for specific information about your particular operation.

Can my hearing be improved by surgery?

Your hearing may be improved by surgery especially if it is done specifically for hearing loss. However sometimes, ear surgery is carried out to prevent further complications of certain conditions and in such instances your hearing may not be improved.

Are there things to be done before an operation?

For certain operations, it is necessary to shave hair within 2 cm of the ear. To prevent infection of your ear, you will be prescribed with antibiotics. Mouth wash is necessary the night before surgery.

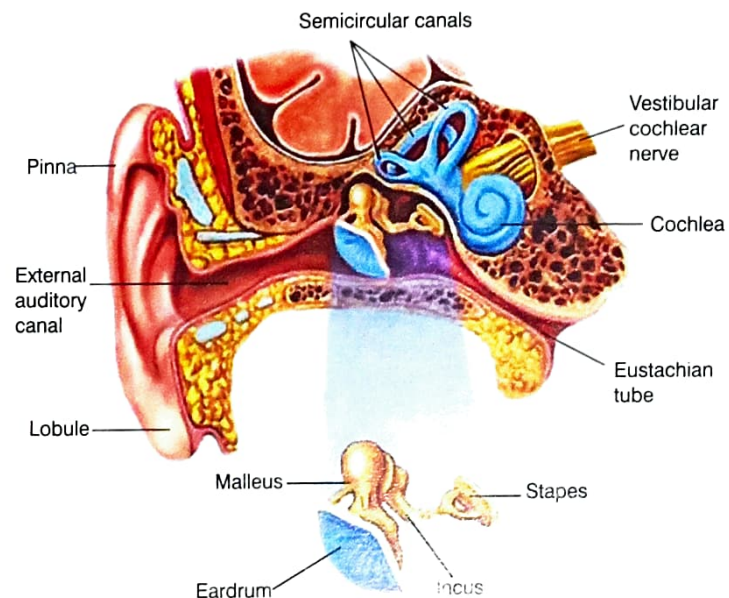
What should I do after surgery?

You should lie comfortably with your head on the pillow and with the operated ear uppermost. After the operation, certain patients may have the urge to vomit or feel giddy. These symptoms are usually controlled by medication.

To relieve discomfort of the ear, you will be prescribed an analgesic (pain killer). If a head bandage has been applied in the operating theatre, it will be removed the next day for a lighter dressing. Cotton wool at the entrance of the ear will be changed.

You need to be careful not to remove any dressing, which has been inserted into the ear canal itself. Usually stitches are removed on the seventh day.

Avoid blowing your nose to prevent damage to the repaired eardrum. You are advised to avoid bending or to turn your head suddenly.



Middle Ear & Cochlear Chain